



LET'S
WALK TO
SCHOOL

WOW AND THE CURRICULUM



QUICK WINS

3 easy ways to include WOW in your curriculum

Encourage pupils to:

- Use your school's baseline survey to calculate percentages and create charts.
- Write a news article about the WOW challenge or a letter inviting classmates to take part.
- Draw a picture of their ideal journey to school, thinking about what they see, who they meet and what the streets are like.



SCIENCE

- Set up a scientific test to explore the impact of exercise during the 'Animals including humans' topic.
- Use our 'Footprints' lesson plan to support pupils to identify animal tracks: KS1/Foundation phase/Progression Step 1/P1-3 ([English](#) / [Cymraeg](#)) and KS2/Progression Steps 2 and 3/P4-7 ([English](#) / [Cymraeg](#))



LITERACY

- Develop persuasive writing techniques by writing a promotional piece about WOW.
- Use walking to school as a stimulus for a short story.
- Use our '[Walking to school through the generations](#)' resource to illustrate differences using comparatives or superlatives: KS1/Foundation phase/Progression Step 1/P1-3 ([English](#) / [Cymraeg](#)) and KS2/Progression Steps 2 and 3/P4-7 ([English](#) / [Cymraeg](#))
- Look at different styles of poetry to create walking poems.



PSHE/HEALTH AND WELLBEING

- Use our 'Health and Wellbeing' resource to help pupils consider the physical and mental health benefits of walking to school: [KS1/Foundation phase/Progression Step 1/P1-3](#) and [KS2/Progression Steps 2 and 3/P4-7](#).
- Walking to school is a healthy choice pupils can make to get more active. Encourage pupils to think about what other healthy choices they make every day, such as brushing their teeth and eating fruit and vegetables.



ART AND DESIGN

- Design a motivational poster encouraging classmates to walk, wheel, cycle and scoot to school.
- Draw, model or paint the perfect street, thinking about what would be on it to make things better for people walking and wheeling, e.g., crossings, benches for people to rest, play sets for children, local shops etc.



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GEOGRAPHY

- Develop human geography skills by studying the impact of transport on the UK.
- Develop map reading and use of directional language skills by asking pupils to plan a class walk.
- Use our 'Environment' resource for local area lessons: [KS1/Foundation phase/Progression Step 1/P1-3](#) and [KS2/Progression Steps 2 and 3/P4-7](#).
- Go on a scavenger hunt to familiarise yourself with the local area. We've got one for you on our [Resources page](#).
- Discuss whether there are any barriers to walking to school. What improvements could be made to make streets better for walking and wheeling? Consider writing to your local councillor or MP/MSP/MS to let them know.

RESOURCE LIBRARY



For resources, including lesson plans (English and Cymraeg) and activities for the classroom or home, visit livingstreets.org.uk/WOWresources



HISTORY

- Recreate famous historical journeys by mapping out key points on a local route. Walk with the children through the story of history!
- Use our '[Walking to school through the generations](#)' resource to illustrate differences in your local area - past and present: KS1/Foundation phase/Progression Step 1/P1-3 ([English](#) / [Cymraeg](#)) and KS2/Progression Steps 2 and 3/P4-7 ([English](#) / [Cymraeg](#))



COMPUTING

- Create a presentation for parents/carers or governors about the WOW challenge, practising their computing and communication skills with new media.



MATHS

- Use data from the WOW Travel Tracker to create bar charts showing how active each of your classes have been and to make comparisons between classes.
- Use our 'Road Safety' lesson plan to look at measurement, addition, multiplication and converting units of measurement: [KS1/Foundation phase/Progression Step 1/P1-3](#) and [KS2/Progression Steps 2 and 3/P4-7](#).

WOW is designed to support schools engaged in other schemes, allowing it to be integrated into the school's core values and curriculum. If you're interested in learning more about how WOW can complement a specific scheme, such as Eco-Schools or Healthy Schools, get in touch with your WOW Coordinator or email walktoschool@livingstreets.org.uk.