

LIVING

STREETS

# WALKING WORKS STAFF CHALLENGES

Demonstrate your commitment to your staff's health and wellbeing by investing in walking activities that will make them feel valued and proud of their workplace. Our Walking Works staff challenges, through a selection of engaging communications packages, offer you the opportunity to bring colleagues together, promote workplace wellbeing and inspire positive culture change.



**Making walking part of your work culture requires a shift in people's routines. We understand the importance of staff engagement and bring a lot of experience working with organisations to achieve cultural change and create a happier, healthier, more productive workforce.**

Alex McHardy,  
Head of Commercial Development,  
Living Streets



# CREATING A POSITIVE CHANGE IN CULTURE AT YOUR WORKPLACE

Our communications packages, which include a selection of weekly walking challenges, are tailored to your business' goals; whether that's promoting **physical activity**, **supporting mental health**, **boosting morale**, or **promoting staff cohesion**.

All you need to do is select your overall goal, the duration (number of weeks) and the level of difficulty of your challenge, and we'll do the rest!



## ALL PACKAGES ARE SUPPORTED BY WEEKLY COMMUNICATIONS:

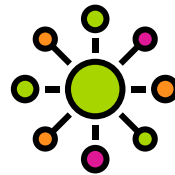
**SOCIAL MEDIA SHAREABLES**



**ENGAGEMENT EVALUATION**



**ACCESS TO OUR RESOURCE HUB!**



**BY 'WALKING', WE INCLUDE PEOPLE WALKING WITH THE USE OF MOBILITY AIDS, INCLUDING WHEELCHAIRS. OUR WALKING WORKS PROGRAMME CAN BE TAILORED TO INDIVIDUALS' NEEDS AND ABILITIES.**



**LIVINGSTREETS.ORG.UK/WALKINGWORKS**

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**WALKING WORKS**