



Dear parent/carer,

Your child's school has chosen to be part of an exciting initiative to encourage more children and their families to walk to school. **WOW – the walk to school challenge** is delivered by Living Streets Scotland, part of the UK charity for everyday walking, to help as many children as possible experience the benefits of walking to school.

The pupil-led challenge enables children to self-report how they get to school every day. If they travel actively (walk/wheel, cycle, scoot, 'Park and Stride' or hop off) at least once a week for a month, they get rewarded with a badge. It's that simple!

What are the benefits of walking to school?

- Children feel happier and healthier
- They arrive at school refreshed and ready to learn
- Helps reduce congestion and pollution at the school gates

What if we can't walk to school?

If driving, 'Park and Stride' to help your child earn their WOW badges. Park **at least ten minutes away** from the school and walk the remaining journey.

If using public transport, hop off **at least ten minutes away** and walk the rest of the way (recorded as 'other' on the WOW Travel Tracker).

Where walking to school isn't an option, we work with schools to establish a bespoke approach to WOW that works best for their pupils' needs.

If you have any questions on the adaptability of WOW or have suggestions of how we can improve, we would love to hear your thoughts. Please email [walktoschool@livingstreets.org.uk](mailto:walktoschool@livingstreets.org.uk).

Tell us about your experiences of travelling to school and you could win a £200 shopping voucher: [www.surveymonkey.com/r/ParentEmailAll](http://www.surveymonkey.com/r/ParentEmailAll).

What is a WOW badge?

There are 10 badges to be earned from September 2025 – June 2026. Each badge has been designed by a pupil as part of our annual WOW Badge Design Competition. A new badge can be earned every month if you walk/wheel, cycle, scoot, 'Park and Stride' or hop off at least once a week.

WOW 2025/26 encourages pupils to **Walk with Joy**, with badges depicting everything from jumping in puddles to painting. The badges are made in Cornwall from material that was otherwise destined for landfill, including fridge trays, plastic plates and yoghurt pot off-cuts. For more information, visit: [livingstreets.org.uk/recycling](http://livingstreets.org.uk/recycling).

Last year, around 2,100 schools and over 540,000 pupils across the UK enjoyed the benefits of walking to school with WOW. Will you join us?

If you have any questions about the programme, please contact

....., or find more information and useful videos at: [livingstreets.org.uk/wowlaunch](http://livingstreets.org.uk/wowlaunch)

**Let's swap those school runs for school walks.**



Dear parent/carer,

Living Streets' **WOW – the walk to school challenge** is back to help encourage as many children as possible to experience the benefits of walking to school.

As you know, WOW is a pupil-led initiative where children self-report how they get to school every day. If they travel actively (walk/wheel, cycle, scoot, 'Park and Stride' or hop off) at least once a week for a month, they get rewarded with a badge. It's that easy!

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The WOW badges

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