

PAM RYDYN NI' N CERDDED

WHY we WALK



Cyrff iachach,
meddyliau
hapusach

Healthier BODIES,
happier MINDS

Llai o geir wrth
gatieu'r ysgol

Fewer CARS at the
SCHOOL GATES

Llai o lygredd aer
Less air POLLUTION

Amser i sgwrsio
gyda theulu a
ffrindiau

Time to CHAT with
family and friends

DECHREUWCH ELWA O GERDDED I'R YSGOL HEDDIW
AC YN LLE GYRRU I'R YSGOL BETH AM GAMU I'R YSGOL

START benefiting from walking to school TODAY
and swap your school ride for a SCHOOL STRIDE!

LIVING
STREETS

LET'S
WALK TO
SCHOOL

 livingstreets.org.uk/walktoschoolweek

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