



[www.livingstreets.org.uk/rateyourwalk](http://www.livingstreets.org.uk/rateyourwalk)

**NATIONAL  
WALKING  
MONTH**

# RATE YOUR WALK TO WORK

It's Living Streets' National Walking Month this May. We want you to step out and rate your everyday walk – there's a city break to be won!

Mae'n Fis Cerdded Cenedlaethol Living Streets ym mis Mai. Rydym eisiau i chi gamu allan a barnu eich taith bob dydd – mae gwyliau byr mewn dinas i'w ennill!

# BARNWCH EICH TAITH I'R GWAITH

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**MIS  
CERDDED  
CENEDLAETHOL**