

# WALKING BINGO



I'VE DONE MY  
10,000 STEPS  
FOR THE DAY  
ALREADY

YOU'VE SAVED  
HOW MUCH?

LET ME JUST  
WARM DOWN  
FIRST

YOU'LL NEVER  
GUESS WHAT I  
SAW ON MY  
WALK TO WORK

I RECKON I'VE  
WALKED OFF  
THAT MUFFIN

THE SCHOOL  
RUN IS SO  
RELAXING NOW  
WE WALK

IT FEELS GREAT  
TO FEEL THE  
WIND IN YOUR  
HAIR

IT ACTUALLY  
WORKS OUT  
QUICKER TO  
WALK!

'GRACIAS' I'M  
LEARNING  
SPANISH ON MY  
WALK TO WORK

OOH MARK,  
I LOVE YOUR  
NEW TRAINERS

I ACTUALLY  
LIKE WALKING  
IN THE RAIN

DID YOU  
REALISE  
THERE'S THAT  
PARK NEARBY?



WHAT TIME'S  
OUR WALKING  
MEETING?

I CAN'T  
REMEMBER THE  
LAST TIME I  
TOOK A TAXI

RACE YOU TO  
THE PUB

TIME FOR MY  
MORNING  
POWER WALK

I FEEL SORRY  
FOR THOSE  
POOR  
COMMUTERS

WOW, I FEEL  
TOTALLY  
CHILLED

HERE'S THE  
LINK TO MY  
WALKING PLAY-  
LIST

I OVERTOOK  
MY BUS THIS  
MORNING,  
WALKING

I'VE  
DISCOVERED  
THE BEST  
NEW LUNCH  
PLACE

THIS LYCRA  
IS SO COMFY  
I WANT TO  
WEAR IT  
ALL DAY

I HAVE MY BEST  
IDEAS WHEN I'M  
WALKING

DO MY CALF  
MUSCLES LOOK  
MORE DEFINED?