

INTERNATIONAL WALK TO SCHOOL MONTH

October 2025

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1. AUTUMN STREET SAFARI

INTERNATIONAL WALK TO SCHOOL MONTH
Autumn Street Safari

There are lots of interesting things to see and do as you walk, wheel or scoot to school. How many of these activities can you tick off on your Autumn Street Safari?

Find a pretty feather	Spot a bird and draw it	Make art using fallen leaves	Hug a big tree
Look under a rock - who lives there?	Find a red leaf	Make up a scary story	Juggle with pinecones
Jump over a puddle	Pretend to be a squirrel asleep for the winter	Learn why leaves change colour	Spot a zebra crossing
Say hello to a neighbour	Dance around a mushroom	Close your eyes and listen - what do you hear?	Stamp on a pile of leaves

Name: _____ Age: _____

MIS RHYNGWLADOL CERDDDE I'R YSGOL
Saffari Stryd yr Hydref

Mae llawer o bethau diddorol i'w gweld a'u gwneud wrth i ti gerdded, olwyno neu sgwera i'r ysgol. Faint o'r gweithgareddau hyn y gallet ti eu ticio i fwrdd ar dy Saffari Stryd yr Hydref?

Dod o hyd i bluen hardd	Gweld aderyn a thynnu llun ohono	Defnyddio dail i wneud cerff	Rho gwtch i goeden fawr
Edrych o dan graig - pwy sy'n llyw yno?	Dod o hyd i ddellen goch	Dod i llyw gyda stori frawychus	Jylio gyda moch coed
Nedid dros bwllyn	Esgrus bod yn wlethr sy'n cyguo dros y gaeaf	Dysgu pam fod dail yn newid lliw	Dod o hyd i groestfan sebra
Dwedd hela i gynyddog	Dawmsio o gumpas madarch	Cau dy lygaid a gurano - beth wyt ti'n clywed?	Stampio ar bentar o ddail

Enw: _____ Oed: _____

2. WALKING AND WHEELING DIARY

KS2/Progression Steps 2&3/P 1-2
INTERNATIONAL Walk to School Month

Every October, children around the world walk, wheel or scoot to school for International Walk to School Month. Regular movement is important for pupils' health and it can also boost confidence, happiness and connection with others. Use our walking and wheeling diary in the classroom to encourage pupils to write or draw about their journey.

TASK
WRITE A DIARY ENTRY

DURATION
 Around 90 minutes total over the course of one school week (approximately 10 minutes for first four days with 30 minutes to write the diary entry on day five).

AIM
 Pupils will plan and write a diary entry about their journey to school across one week. Pupils will write or draw something they encounter on their journey every day for four days. On the final day, pupils will compile it all into a diary entry about their week of walking or wheeling to school.

Learning Objectives
 Pupils will learn the key features of diary writing

- Planning/writing a piece of non-fiction writing
- Writing in the first person
- Writing in the past tense
- Recalling and writing events in chronological order
- Structure - using paragraphs to separate different events and ideas

RESOURCES

- Diary templates
- Pens/pencils
- Erasers
- Coloured pencils

CURRICULUM LINKS

- English Writing KS2 (Yrs 3-4)
- English and Literacy L1-2

PLENARY
 As a class, discuss the purpose of diary writing, considering

- WHO - what kind of audience/reader is a diary intended for?
- WHAT - what is the purpose of keeping a diary?
- WHEN - can you think of any historical diaries?

THINK, PAIR, SHARE:
 In pairs or small groups, pupils discuss what makes the walk to school special. Is it the people they walk with? The sights they see?

CA2 / CAMAU DILYNIANT 2 A 3/P 1-2
Mis RHYNGWLADOL Cerdded i'r Ysgol

Mae symud rheolaidd yn bwysig i iechyd disgyblion a gall helpu roi hwb i hyder, hapusrwydd a chysylltiad ag eraill. Defnyddiwch dyddiadur cerdded a mynd ar olwynion yn yr ystafell ddosbarth i annog disgyblion i ysgrifennu neu dynnu lluniau am eu taith.

TASK
YSGRIFENNU COFNOD DYDDIADUR

HYD
 Cyfanswm o tua 90 munud dros un wythnos ysgol. Tua 10 munud ar gyfer y pedwar diwrnod cyntaf gyda thua 30 munud i ysgrifennu cofnod dyddiadur ar ddiwrnod pump.

NOB
 Bydd disgyblion yn cyfrifio ac yn ysgrifennu cofnod dyddiadur am eu taith i'r ysgol dros wythnos. Bydd disgyblion yn ysgrifennu neu'n tynnu lluniau o rhywbeth maen nhw'n dod ar eu bwrdd neu eu taith bob dydd am bedwar diwrnod. Ar y diwrnod olaf, bydd disgyblion yn cynhyrchu cyfan mewn cofnod dyddiadur am eu hwythnos o gerdded neu fynd ar olwynion i'r ysgol.

Amcangyfrif Dysgu
 Bydd disgyblion yn dysgu nodweddion allweddol ysgrifennu dyddiaduron

- Cynllunio/ysgrifennu dam o ysgrifennu ffeithiol
- Ysgrifennu yn y person cyntaf
- Ysgrifennu yn amser y gorffennol
- Cofio ac ysgrifennu digwyddiadau mewn trefn cronolegol
- Strwythu'r - defnyddio paragraffau i waharu gweithiau ddigwyddiadau a syniadau

ADNODAU

- Templedi dyddiadur
- Pensau/pensiliau
- Rhwbyr
- Pensiliau llw

CYSYLLTIADAU A'R CWRICWLWM

- Ysgrifennu Saesneg CA2 (BI 3-4)
- Saesneg a Llythrennedd L1-2

SESIWN GLOI
 Fel dosbarth, trafodwch bwrpas ysgrifennu dyddiaduron, gan ystyried

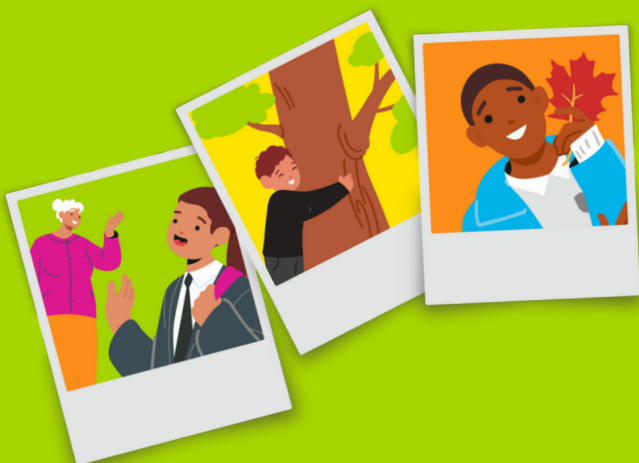
- PWY - pa fath o gynulleidfa/darlennydd mae'r dyddiadur wedi'i harradu ar ei gyfer?
- BETH - beth yw pwrpas cadw dyddiadur?
- PRYD - allwch chi feddwl am unrhyw dyddiaduron hanesyddol?

MEDDWL, PARU, RHANNU:
 Mewn parrau neu grwpiau bach, mae disgyblion yn trafod beth sy'n gwneud y taith gerdded i'r ysgol yn arbennig. Ai'r bobl maen nhw'n cerdded gyda nhw? Y golygwyd maen nhw'n eu gweld?

3. SOCIAL MEDIA POSTS

Happy #InternationalWalkToSchoolMonth! Children worldwide are celebrating the joys of walking to school. Join them by taking part in @LivingStreets' #AutumnStreetSafari! Get yours now at <https://bit.ly/481SJto>

#MisRhyngwladolCerddedI'rYsgol hapus! Mae plant ledled y byd yn dathlu'r pleser o gerdded i'r ysgol. Ymuna gyda nhw trwy gymryd rhan mewn #SaffariStrydYrHydref. Lawrlwytha dy daflen o <https://bit.ly/481SJto>



Happy #InternationalWalkToSchoolMonth! Turn your #WalkToSchool into an #AutumnStreetSafari with @LivingStreets. Will you jump in a leaf pile, say hi to a neighbour or hug a big tree? Get involved at <https://bit.ly/481SJto>

#MisRhyngwladolCerddedI'rYsgol hapus! Gallet ti #CerddedI'rYsgol a gwneud #SaffariStrydYrHydref gyda @LivingStreets? A wnei di neidio ar bentwr o ddail, dweud helo i gymydog neu rhoi cwtsh i goeden fawr? Cymera ran at <https://bit.ly/481SJto>



Walk or wheel to school with @LivingStreets this #InternationalWalkToSchoolMonth – whatever the weather! Join the fun: <https://bit.ly/481SJto>

Gallet ti cerdded neu mynd ar olwynion gyda @LivingStreets yn ystod #MisRhyngwladolCerddedI'rYsgol – sut bynnag mae'r tywydd! Dere gyda ni i ymuno â'r hwyl: <https://bit.ly/481SJto>



3. PARENTS/CARERS' NEWSLETTER CONTENT

Dear parent/carer,

October is International Walk to School Month, organised in the UK by walking charity Living Streets.

This year, they are inviting pupils and their friends, families and carers to turn the walk to school into an Autumn Street Safari!

Take a few minutes on your journey to collect special items and celebrate autumn with some fun activities. Will you dance around a mushroom? Juggle with pinecones? Make up a scary story? See how many activities you can cross off the list!

Living Streets is encouraging pupils to walk, wheel, cycle or scoot to school as much as possible in October, but those who can't can still enjoy the Autumn Street Safari, with the activities being perfect for some weekend fun!

Download your Autumn Street Safari and find out more about International Walk to School Month at livingstreets.org.uk/autumn