

COMMUNICATIONS PACKAGES

WALKING WORKS STAFF CHALLENGES

Demonstrate your commitment to your staff's health and wellbeing by investing in walking activities that will make them feel valued and proud of their workplace. Our Walking Works Staff Challenges offer you the opportunity to bring colleagues together, promote workplace wellbeing and inspire positive culture change.





Making walking part of your work culture requires a shift in people's routines. We understand the importance of staff engagement and bring a lot of experience working with organisations to achieve cultural change and create a happier, healthier, more productive workforce.

Alex McHardy, Head of Commercial Development, Living Streets



CREATING A POSITIVE CHANGE IN CULTURE AT YOUR WORKPLACE

Our Walking Works Staff Challenges packages include a selection of weekly walking challenges and accompanying communications which are tailored to your business' needs. Whether that's promoting **physical activity**, **supporting mental health**, **boosting morale**, **or promoting staff cohesion**, we have something to achieve your goals - all through walking!



ALL PACKAGES ARE SUPPORTED BY WEEKLY COMMUNICATIONS:



BY 'WALKING', WE INCLUDE PEOPLE WALKING WITH THE USE OF MOBILITY AIDS, INCLUDING WHEELCHAIRS. OUR WALKING WORKS PROGRAMME CAN BE TAILORED TO INDIVIDUALS' NEEDS AND ABILITIES.

LIVINGSTREETS.ORG.UK/WALKINGWORKS



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WALKING WORKS