



LET'S
WALK TO
SCHOOL

WOW the WALK
TO SCHOOL
challenge

TOP TEN

Spring WOW Top Ten Challenge

Dear parent/carer,

As you know, our school takes part in Living Streets' WOW – walk to school challenge which encourages children to walk to school and enjoy the many benefits this simple act brings.

WOW is a pupil-led initiative where children self-report how they get to school every day. If they travel actively (walk/wheel, cycle, scoot or Park and Stride) once a week for a month, they get rewarded with a badge. It's that easy!

This term, we're also getting involved in their **spring #WOWTopTen challenge**. The more pupils walk/wheel, cycle, scoot or Park and Stride to school **throughout February** the better our chance of topping the local and national leaderboards. So, the message is, let's travel actively to school this February!

What are the benefits of walking to school?

Walking to school helps children feel happier and healthier and arrive to school refreshed, fit and ready to learn. More families walking means fewer cars on the road during the school run, helping to reduce congestion and pollution at the school gates.

What if you can't walk to school?

If you live too far away or don't have time to walk the whole way to school, you can Park and Stride to help your child earn their WOW badge and help us move up the leaderboard. Park at least ten minutes away from the school and walk/wheel the rest of the way.

Where walking to school isn't an option, our schools team work with school staff, including SENCO, to establish a bespoke approach to WOW that works best for their school community's needs.

To ensure inclusivity, we offer a range of suggestions to schools for those that are unable to travel actively to school, these include pupils becoming WOW Ambassadors, leading assemblies, creating active travel notice boards, and other activities within the school day.

If you have any questions on the adaptability of WOW in SEND schools or have suggestions of how we can improve, we would love to hear your thoughts. Please email walktoschool@livingstreets.org.uk

Will you join us and help get our school to the top of the local and national leaderboards?

Thousands of pupils across the UK are enjoying the benefits of walking to school thanks to all of Living Streets' walk to school campaigns.

Don't forget to tweet and tag **@livingstreets** and use the hashtag **#WOWTopTen** during the month of February on your walk to school.

Let's continue to swap those school runs for school walks.

