

#WALKING FROM HOME

ACTIVITY DIARY FOR CHILDREN AGED 4 - 7



LET'S WALK TO SCHOOL

ACTIVITY 1

Did you know that Living Streets campaigned for the first pedestrian crossings in 1934? If you could design your own zebra crossing, what would it look like?



ACTIVITY 2

FUN FACT: The flashing orange lights on a zebra crossing are called Belisha beacons. They are named after a British politician, Leslie Hore-Belisha. How many Belisha beacons can you spot while out for a walk today?



Blank area for drawing a zebra crossing design.



ACTIVITY 3

Humans have five senses - sight, hearing, touch, taste and smell. What did you discover on today's walk?

I SAW...

I HEARD...

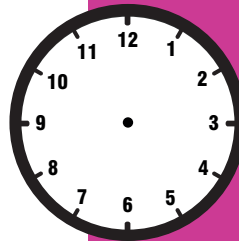
I FELT..

I COULD TASTE...

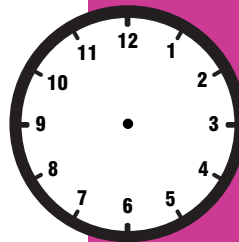
I SMELT...

ACTIVITY 4

What time did you go for a walk today?



What time did you get home?



How many minutes were you out on your walk?

ACTIVITY 5

Can you spy each of the following while out for a walk today?

- | | | | |
|--------------------------|-----------------------|--------------------------|--------------------|
| <input type="checkbox"/> | ZEBRA CROSSING | <input type="checkbox"/> | RED POSTBOX |
| <input type="checkbox"/> | EARTHWORM | <input type="checkbox"/> | AEROPLANE |
| <input type="checkbox"/> | BLACKBIRD | <input type="checkbox"/> | SQUIRREL |

Living Streets is the UK charity for everyday walking and the people behind the Walk to School campaign. Visit our website to find out more: Livingstreets.org.uk/primary-schools

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Living Streets (The Pedestrians' Association) is a Registered Charity No. 1108448 (England and Wales) and SC039808 (Scotland), Company Limited by Guarantee (England & Wales), Company Registration No. 5368409. Registered office: 2 America Square, London, EC3N 2LU.

#WALKING FROM HOME

ACTIVITY DIARY FOR CHILDREN AGED 5 - 11



LET'S WALK TO SCHOOL

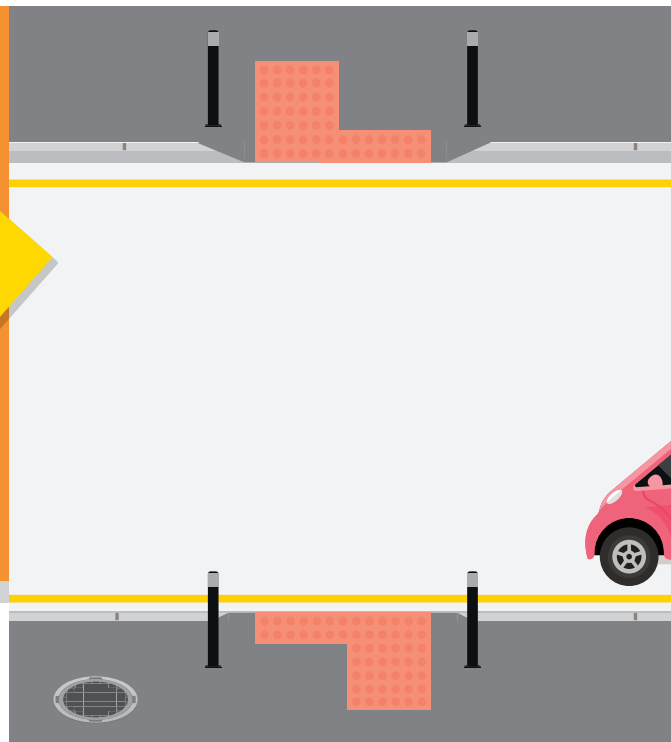
ACTIVITY 1

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ACTIVITY 2

Write a short story about what your usual walk to school could be like in the future. How would it be different if more children and families walked to school?



- W
- A
- L
- K
- I
- N
- G
- F
- R
- O
- M
- H
- O
- M
- E

ACTIVITY 3

An acrostic poem uses the letters in a topic word to begin each line. All the lines of the poem should relate to or describe the topic word. Can you write one in the space provided?

ACTIVITY 4

Tally charts are used to collect data quickly. Can you complete the Living Streets achievements tally chart while out for a walk today?

WHAT CAN YOU SPOT?	TALLY	TOTAL
CHILDREN ON SCOOTERS		
ZEBRA CROSSING		
20MPH SIGNPOST		
DROPPED KERB		
CHILDREN WALKING TO SCHOOL		

ACTIVITY 5

We have five senses that help us to experience the world around us: sight; hearing; smell; taste; and touch. Using all the senses, can you describe today's walk?



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